

CHC/PCAU PARTNERSHIP NEWSLETTER

Uganda Achieves Historic Milestone in Palliative Care Development

In October 2025, Uganda achieved a historic milestone by becoming the only country in Africa ranked at the advanced stage of palliative care development, according to the World Health Organization (WHO) indicators. This information was reported by the <u>ATLANTES</u> Global Observatory of Palliative Care and marks a significant turning point, reflecting over two <u>decades</u> of sustained effort, partnerships and deep commitment to <u>integrating palliative care</u> into national health systems. While this recognition is cause for celebration, it also underscores the work ahead: though systems are established, only approximately 11% of those in need currently access quality palliative care services. Sustained effort – especially at the community level – remains essential.

The ATLANTES report highlights a 38% increase in specialized palliative care services across Africa since 2017. Even so, Uganda stands out as the only nation on the continent with advanced palliative care development. South Africa, Malawi, Kenya, Morocco and Rwanda are recognized as having wellestablished programs. Globally, only 29 countries – approximately 14% of the world – have reached the advanced level, making Uganda's achievement particularly remarkable. The WHO indicators used to assess development measure domains such as availability of services, education and training, access to essential medicines, systems for data and research, policy integration and community-based models.



PCAU and CHC representatives work with the Ministry of Health to advance Uganda's palliative care program.

In Uganda's case, the Palliative Care Association of Uganda (PCAU's) strategic work and advocacy with partners have borne fruit:

- A dedicated Division of Palliative Care within the Ministry of Health (MoH) established to integrate palliative care services into the mainstream healthcare system and national health policies. The division fosters strong partnerships with nongovernmental organizations such as PCAU to support development and implementation of services, particularly community and home-based care models. Its goal is to ensure that comprehensive, patient- and family-centered palliative care is accessible to all Ugandans in need, improving their quality of life when facing lifethreatening illness.
- Wide integration of palliative care across all levels of care from national referral hospitals to Health Centre IVs and home-based programs. PCAU reports 107 districts with at least one palliative care facility and 233 accredited facilities nationally.
- Free provision of oral liquid morphine and a policy allowing appropriately trained nurses and clinical officers to prescribe pain relief which is a major step for a lowresource setting such as Uganda.



CHC and PCAU collaborated with the University of Notre Dame to establish national data collection on palliative care in

Uganda.

Center for Hospice Care (CHC) is proud of our longstanding partnership with PCAU and to have been part of the journey that has helped shape Uganda's leadership in palliative care. Since 2008, CHC and PCAU have worked together in a partnership that has become a model for long-term impact focusing PCAU's strategic priorities.

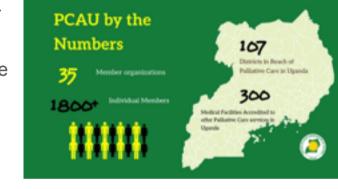
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Happy Thanksgiving! With Gratitude from CHC and PCAU

As we celebrate this season of Thanksgiving in the United States, we pause to express our heartfelt gratitude to all who make the partnership between Center for Hospice Care (CHC) and the Palliative Care Association of Uganda (PCAU) possible.

Your generosity, compassion and belief in the power of partnership continue to change lives – from rural communities in Uganda to the families we serve here at home. Together, we are advancing the vision of "Palliative Care for All" – bringing comfort, dignity and hope to those facing serious illness, and providing opportunity and support to young people

through programs like Road to Hope.



During this season of gratitude, we give thanks to you, our friends, donors, advocates and partners whose ongoing support strengthens the CHC - PCAU partnership and keeps this life-changing work moving forward.

May your holiday be filled with warmth, peace and the joy that comes from knowing your support is making a difference in the lives of others!

Stay Connected with PCAU's Work in Uganda



While this newsletters keep you updated with highlights of PCAU's work, you can join PCAU's mailing list to learn even more about their incredible

Thank you for being part of the journey to expand compassionate care for all in Uganda!

Support the Training of Nurses to Transform Palliative Care in Uganda

In Uganda, where a majority of people in rural areas rarely meet a doctor, nurses are the backbone of healthcare. By supporting palliative care training for a nurse through the Advanced Diploma in Palliative Care Nursing (ADPCN), you help bring life-changing care closer to those who need it most.

This specialized one-year course equips nurses to become champions of palliative care, enabling them to establish palliative care units in remote health facilities. With only 11% of those in need currently able to access palliative care, your support can help close this gap and bring comfort and dignity to the lives of many.

Join us in making palliative care accessible to all. Your gift will transform the healthcare landscape, one nurse and one community at a time!

MULAGO TRAINING SCHOOL FOR NURSES AND MIDWIVES

Donate Now!



Do you know someone who might enjoy reading about this partnership and palliative care in Uganda?

Help us spread the word and forward this email to your friends and colleagues. Thank you!









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