PCAU - 3rd Quarter Newsletter

Message From Executive Director

Mark Ssendi Mawanga

Dear PCAU Members and Friends,

Thank you for your continued support of the work of palliative care in Uganda.

As we head to the last quarter of 2024, I appreciate the hard work of our partners, providers across Uganda partners and donors.

We have lined up events to commemorate the World Hospice and Palliative Care Day 2024. As you join the national celebration, please share a message about palliative care on your social media status or threads. Someone out there needs to know.

Recently, the Ministry of Health sent a request for support towards developing a strategic plan for palliative care in Uganda. We have begun the process of mobilizing and engaging stakeholders for the service. PCAU is seeking partners to contribute towards the development of the strategic plan. Please reach out to us on email @ pcau.mawanga@yahoo.co.uk or by support PCAU in the endeavor.

I thank all of you who are participating in interviews and writing articles for the PCAU Silver Jubilee Magazine. The deadline for submission is 30th October. Thank you too for those who have already sent in your articles. Remember, this is your magazine. Make it a great non-management magazine". We are all looking forward to the launch in December.

Since the year began, we have registered over 200 PCAU new members and renewed membership for over 300 members. We are now at 1,000 members. We discussed the membership fees by 25% in July with 700,000 shards and Yes 5, 2024, at the PCAU Silver Jubilee Gala Dinner.

We look forward to having you that evening in Kampala.

Thank you so much indeed.

Mark Ssendi Mawanga
Executive Director - PCAU

Improving the Quality of Life through Accessible Medical Supplies

On July 5, 2024, PCAU Executive Director Jonathan Lugolobi, Fr. D. Kaagwal, Thaddeus Ssebi, Hans Ole Hospice Arua (HOHA)

ISO Cancer Palliative Care Centre

Jinja Uganda Catholic Christian Care (ICCC)

Hospice Africa Uganda (HAU) for Little Hospice Nakwa site

Kitovu Middle Absolute

Lacoa Health Community Program.

The items distributed included catheters bags, diapers, crutches, sound care materials/prosthetics, gloves, reusable aprons, mackintosh sheets, and other essential medical sundries that are critical for the patient's comfort and dignity.

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29 Participants attend PCAU's Introductory Course on Palliative Care

From 13th-16th August 2024, we hosted a 5-day introductory short course training in palliative care at Hotel Africana. The training was attended by 29 people from 10 non-hospital Newman Training Schools. PCAU is grateful to the school for offering the training venues and required amenities for the course. The short course introduces the participants to the basics of palliative care. The training is interactive and practical. It is organized annually, and is facilitated by palliative care experts from the ministry of health and other non-governing institutions.

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PCAU Participates in the Rotary Cancer Run 2024

On August 25, 2024, the PCAU staff joined thousands of participants in the Rotary Cancer Run 2024 in Kampala. This was the 10th edition of the foundation run. The theme was "Cancer Survivorship and Beyond" and completing the much-anticipated one-step cancer survivorship. The run was organized by Rotary Kampala with long-term partners the Rotary Club of Kampala Day Break (RCDB) to set up an information desk on palliative care and provide the opportunity to create awareness about palliative care.

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PCAU Shares Uganda's experience with the Democratic Republic of Congo (DRC)

In August 2024, we shared our experience supporting expanding access to palliative care in Uganda. We met with the Ministry of Health, Palliative Care Association of Kisangani/Isiro in the Democratic Republic of Congo (DRC). The team visited the Uganda Cancer Institute (UCI) and Hospice Africa Uganda (HAU) to see the role of civil society organizations and supporting the government to strengthen palliative care as a component of comprehensive care.

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Developing a Child and Adolescent Cancer Control Strategy for Uganda

At the beginning of August 2024, Palliative Care Association of Uganda gathered at the Kampala Serena Hotel for a two-day meeting to develop a Child and Adolescent Cancer Control Strategy for Uganda. The meeting was convened by the Uganda Cancer Institute, the World Health Organization, and Cancer Global. The purpose of the meeting was to develop a child and adolescent strategic to care and improve the quality of life of children and adolescents.

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At the meeting, the transition director of PCAU, Mark Mawanga who was one of the main speakers during the opening ceremony said that "Cancer is a disease that affects people irrespective of age. In Uganda, the highest number of cancer diagnoses can are found in the paediatric cancer.

The PCAU Podcasts on Amplifying Pain Management in Uganda

Beginning October 2024 to the end of the year, we will bring you a weekly podcast on Amplifying Pain Management in Uganda. The podcast which will future palliative care providers, policymakers, and donors to raise awareness about cancer pain in Uganda and mitigate the same.

We request all PCAU Members, and friends to subscribe and share with your networks the PCAU Podcasts on Amplifying Pain Management in Uganda. https://www.youtube.com/channel/UC

We also request you to share with us your feedback and questions directly through the channel or PCAU toll free telephone 0800200800.

The World Hospice and Palliative Care Day (WHPCD) 2024

Join us for a National webinar on 10th October 2024 at 2:00 PM as we commemorate World Hospice and Palliative Care Day 2024.

Our Topic: Committed to strengthening hospital-based palliative care as a component of comprehensive care.

This webinar will feature expert discussions, case studies, and practical insights into providing compassionate and effective care within healthcare facilities.

Don't miss this opportunity to learn, connect, and contribute to advancing palliative care in Uganda.

Register using the link below:
https://us06web.zoom.us/webinar/register/WN_3TNNwwwWQ4CTQVUCNCNqxg

Appreciation to PCAU Members

Flora Ninsiima Karabire

At the end of July this year, Flora Ninsiima stepped down from her role as a full-time volunteer at the PCAU office. She has been a dedicated volunteer since 2019 and will continue supporting the association in some promotion roles. Read her message to PCAU members below.

"I feel a deep sense of gratitude to the time I have spent serving this great organization. Reflecting on the work I carried for PCAU Members, I have had the privilege of witnessing the impact of our work firsthand. By providing and advocating for comprehensive, holistic care, palliative care has touched the lives of individuals/families, our communities and the nation. The work we do continue to expand its reach, ensuring that more people benefit from this care. It is fulfilling to be that I will continue to be part of PCAU as a Pro bono Volunteer, strengthening partnership roles outside my full-time volunteer role.

I am sincerely grateful for the friendships and the memories of my time with PCAU. I am grateful to Mark Mawanga and the entire team of PCAU for the opportunity granted me to serve with them. The contributions of the PCAU team have impacted me greatly in the pursuit of my career. I am a better and more holistic professional because of the time I had spent PCAU.

I wish Emmanuel Mirimwa who is the new officer at PCAU all the best. I trust that you will continue supporting and assisting him as you have been assisting me in the past."

Flora's contacts are, +256700400429 and email florakarabire@gmail.com

Meet Our New Staff Members

NUWAGIRABA ALEX

Alex is a Nutritionist with a bachelor's degree in human nutrition and dietetics from Makerere University. He is passionate about sustainable nutrition interventions, food security, livelihoods, and volunteered with Makerere University on the Nutritional Assessment of Refugees in Uganda, humanitarian safety, at Mbarara University of Science and Technology, region of Uganda and health facilities, Uganda Red Cross Society and Bendal Community Hospital.

Alex who has been volunteering with PCAU since the beginning of 2024 as Pg Capacity Building officer.

EMMANUEL EMMANUEL

Emmanuel is a Media Personnel who passionates serves with PCAU as a Volunteer Photographer and Media Mobilization Officer.

Previously he worked with Mr Senior Chapel Lessons on the Media, K.S. and Kampala Diocese Radio, Kampala Diocese communications department of the Anglican Church of Uganda, and the Nile Tour outstanding churches in Uganda that were virually visited.

He has expertise in graphics design, photo editing, photography, media management, partnership building, and strategic communication. He is excited to join the PCAU family, bringing his skills in media production, creating digital materials, Content creation, and many more others.

PCAU Silver Jubilee Gala Dinner

Celebrate 25 years of PCAU's impact! Join us for our 4th Annual Gala Dinner on Friday, December 6th at Serai Springs Hotel.

See attached flyer for more details.

Become a PCAU Member Today!

Palliative Care Association of Uganda (PCAU)

Renew your membership today or make a donation or contribution to support our work using **Momo Pay**

Simply dial

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Thank you for the continued support

Vision: Palliative Care For All In Uganda

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In support of the Rays of Hope Hospice Jinja (RHHJ) Cervical Cancer Activity

In October 2024, our members Rays of Hope Hospice Jinja (RHHJ), will conduct their annual cervical cancer activity on 26/10/2024.

Please find the flyer below for more information on how to participate.

Conference Announcement

The 5th Uganda Conference on Cancer and Palliative Care will be held on the 10th, 11th, and 12th of 2025 in Kampala.

Please save the date for the largest cancer and palliative care scientific conference in Uganda. Abstracts will be accepted from 1st January 2025. Visit the site coming: Conference.co.ug/cancer and PAMUGA.com

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